



Our Klamath County Commissioners have launched an Employee Wellness Committee. The mission of the committee is to promote and support the health and wellness of Klamath County employees. The goals of the Wellness Committee include the following:

**Goals**

- Lower health care costs
- Improve the health and wellness of employees
- Increase awareness of health benefits and resources
- Increase opportunities for employee engagement in healthy activities
- Maintain respect for individual health needs and goals
- Measure and report on wellness impact

The Employee Wellness Committee consists of employees who are willing to promote health and wellness within their own Departments and throughout Klamath County. If you are interested in joining the Wellness Committee, please speak to your supervisor first then contact the Committee Chair, Aaron Hartman (see contact info below).

**Responsibilities for wellness committee members**

- Participate in monthly Committee meetings
- Participate in Committee Training, Strategic Planning, and Evaluation activities
- Serve as a champion of Wellness Committee activities and events



If you are interested in serving on the Wellness Committee, please contact Aaron Hartman, the Chair of the Wellness Committee at [ahartman@co.klamath.or.us](mailto:ahartman@co.klamath.or.us).